



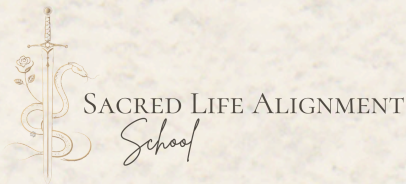
SACRED LIFE ALIGNMENT
School

MULTISENSORY MEDICINE WOMAN

CURRICULUM

11 Initiatory paths
for the embodied woman of medicine

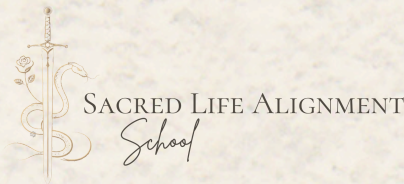
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CURRICULUM OVERVIEW

A foundational initiation weaving energy anatomy, shamanic healing, and the refinement of the oracular self.

1. Foundations
2. Self-Care as Sacred Discipline
3. Know Thyself – Cosmic Self Mapping
4. Shadow Work
5. Shamanic Cosmology
6. Earth Wisdom
7. Feminine Magick
8. Developing Intuition
9. Energy Anatomy & the Auric Field
10. Healing Arts
11. Practical Healing Sessions



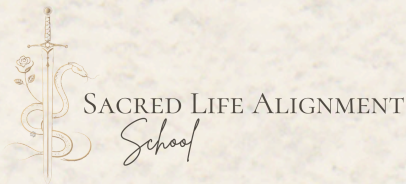
MODULE 1

FOUNDATIONS

Opening circle and group orientation

- Introduction to the Multisensory Medicine Woman Path
- Core principles, language, and conceptual frameworks
- Agreements, boundaries, and ethics of engagement
- Establishing safety, coherence, and group container
- Relational attunement and cohort introduction

This opening module establishes the relational, ethical, and conceptual ground of the training. Its intention is to orient participants to the language, principles, and agreements of the Multisensory Medicine Woman Path, while forming a safe and coherent group container. Through an opening circle and shared understanding, participants arrive into the work with clarity, presence, and mutual respect, creating the foundation for all learning and practice that follows.



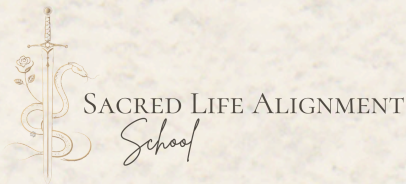
MODULE 2

SELF CARE

Sustainability before service

- Energetic hygiene and self-boundary practices
- Preventing depletion, collapse, and spiritual bypass
- Rhythms of rest, nourishment, and recovery
- Self-care as an ethical responsibility, not an indulgence

The intention of this module is to anchor sustainability and integrity. It reframes self-care as an ethical responsibility for anyone working in service, ensuring that the medicine woman learns to resource herself, maintain energetic boundaries, and prevent depletion or collapse over time.



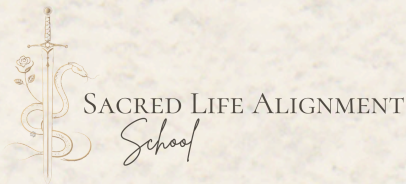
MODULE 3

KNOW THYSELF

Orientation through self-knowledge

- Human Design as energetic mechanics
- Astrology and Gene Keys as evolutionary maps
- Numerology and soul patterning
- Ancestral context and lineage imprints

This module is oriented toward self-understanding and orientation. Its purpose is to help participants recognise their unique energetic design, soul patterns, and ancestral influences, offering clarity about how they are naturally wired to perceive, process, and serve.



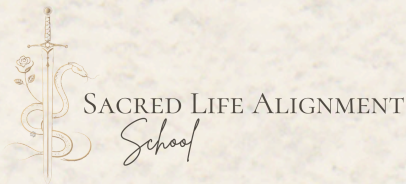
MODULE 4

SHADOW DYNAMICS

Power, boundaries, and integration

- Dark and golden shadow archetypes
- Boundary formation and energetic containment
- Conflict navigation and projection awareness
- The anatomy of power and sovereignty

The intention here is integration. This module invites participants to meet hidden, disowned, or projected aspects of the self, transforming unconscious patterns into sources of power. Through this process, true sovereignty and mature boundaries can emerge.



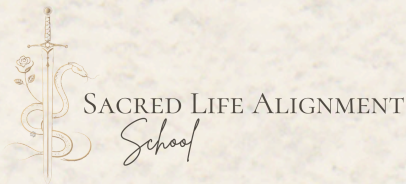
MODULE 5

SHAMANIC COSMOLOGY

Navigating the unseen realms

- Multidimensional worlds and subtle beings
- Animal allies, guides, and symbolic language
- Ethics of spirit contact and veil-crossing
- Discernment, grounding, and responsibility

This module establishes a respectful and grounded relationship with the unseen worlds. Its intention is to cultivate discernment, ethical awareness, and confidence when engaging with subtle realms, ensuring that exploration of non-ordinary reality is approached with responsibility and clarity.



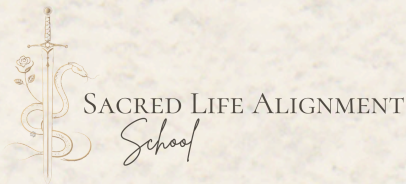
MODULE 6

EARTH WISDOM

Returning to natural rhythm

- The elements as living intelligences
- Compass directions and energetic orientation
- Sabbats, seasonal rites, and cyclical awareness
- Nature-based divination and listening practices

The intention of this module is reconnection with natural rhythm. It attunes participants to the intelligence of the Earth, the elements, and cyclical time, supporting a way of living and working that is aligned with seasonal, bodily, and planetary intelligence.



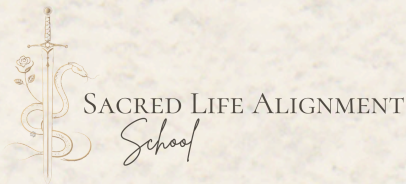
MODULE 7

FEMININE MYSTERIES

The creative womb as oracle

- Yoni awareness and pelvic presence
- Blood mysteries and cyclical wisdom
- Sacred movement and embodied expression
- Oracular writing, art, and creative trance

This module is devoted to reawakening the creative and oracular center of the feminine body. Its intention is to restore trust in embodied knowing, allowing intuition, expression, and guidance to arise through movement, creativity, and deep listening.



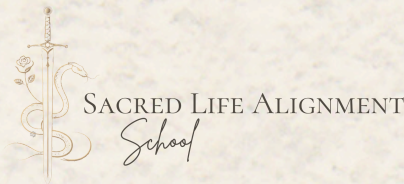
MODULE 8

DEVELOPING INTUITION

Refinement of perception

- Opening and stabilising intuitive sight
- Pendulum work and basic divination tools
- Non-ordinary states of consciousness
- Discernment between intuition, projection, and imagination

The purpose of this module is refinement. It supports the stabilisation and clarification of intuitive perception, helping participants distinguish true signal from noise, imagination, or projection, and to develop confidence in their own sensory awareness.



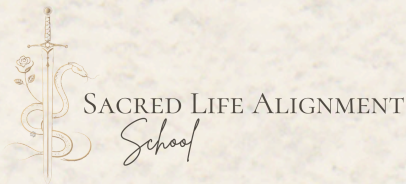
MODULE 9

PRACTICAL MAGICK

Foundations of ethical magick and personal responsibility

- The Witches' Creed and the Wiccan Rede as moral frameworks
- Esoteric language, symbolism, and operational definitions
- Ritual construction and energetic sequencing
- Space clearing and environmental field hygiene

This module grounds magick as a disciplined practice rather than performance. Its purpose is to orient participants to the moral frameworks and responsibilities that underpin effective magickal work. Participants learn how intention, presence, and ethical alignment shape outcomes, and how to engage magick as a stabilising force in service of coherence rather than control or manipulation.



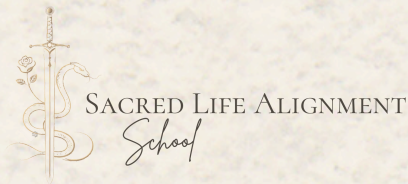
MODULE 10

ENERGY ANATOMY

Understanding the subtle body

- Chakras, meridians, and energy flow
- Kundalini dynamics and safety principles
- The auric field and energetic boundaries
- The Merkaba and multidimensional embodiment

This module offers structural understanding. Its intention is to familiarise participants with the architecture of the subtle body, enabling them to sense, interpret, and work with energy in a grounded and informed way.



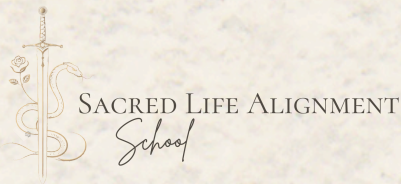
MODULE 11

HEALING ARTS

Tools as extensions of presence

- Crystals and their energetic applications
- Oils and plant medicine foundations
- Distance and non-local healing principles
- Ceremony as container for therapeutic work

The intention of this module is application. It introduces healing tools not as techniques to perform, but as extensions of presence and awareness, teaching participants how to work ceremonially and practically with care, precision, and respect.



MODULE 12

PRACTICAL HEALING SESSIONS

Integration and application

- Hands-on healing practice and supervision
- Etheric alignment and field recalibration
- Cord-cutting and trauma-sensitive processes
- Integration of precise, client-facing energy work

This final module is dedicated to integration and embodiment. Its intention is to support the transition from personal practice into client-facing work, ensuring that participants can hold others with stability, discernment, and ethical responsibility.